SMART AIM STATEMENT WORKSHEET

SMART Aims help the project team stay focused. They are Specific, Measurable, Attainable, Realistic/Relevant, and Timely).

**Example SMART goal:** To increase MAs BMI collection from 20% to 50% among the adult patient population by September 15, 2015.

Here’s a guide to follow:

**The (health center) _____________________________________________ intends to accomplish** *(This is a general over-arching statement describing what you intend to accomplish during the time you work on this project – it answers the first question of the Model for Improvement.- “What are we trying to accomplish?” Use the Project AIM as a basis and individualize your AIM statement to reflect the unique needs and resources of your health center or system):*

__________________________________________________________________________________________

__________________________________________________________________________________________

by *(time frame, i.e., month/year in which you intend to accomplish improvement)*

__________________________________________________________________________________________

for *(what group are you doing this for – what is the target population)*

__________________________________________________________________________________________

because *(the rational and reasons to work on this improvement project)*

__________________________________________________________________________________________

__________________________________________________________________________________________

**Specific target goals for improvement for (please specify specific site or entire center)________________ are:**

<table>
<thead>
<tr>
<th>Measure of Focus</th>
<th>Baseline Data from CPC</th>
<th>Target Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspirin</td>
<td></td>
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<tr>
<td>Blood Pressure</td>
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<tr>
<td>Cholesterol</td>
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<tr>
<td>Smoking Cessation</td>
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</tbody>
</table>

This SMART goals worksheet was used by CHCANYS practice facilitators during the Healthy Hearts NYC project. It provides a strong foundation to think about incremental quality improvement and it can be modified to meet the needs and target measures of other projects.